

# FFA Health & Wellness Grants

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- The objective of the Oklahoma FFA grants provided by Blue Cross and Blue Shield of Oklahoma is to support FFA chapter activities that promote health and wellness of Oklahomans.
- Grants are available to chapters in communities with a population of *less than* 50,000 people and located *more than* 15 miles from a metropolitan area. (Oklahoma City/Tulsa)
- Priority will be given to projects that include more than one FFA chapter.
- Appropriate activities would request an approximate budget of \$200-\$500.

**A total of \$6,000 will be awarded from BCBSOK.**

## Suggested preventative measures to consider featuring include:

- Managing stress and anxiety
- Dental health
- Exercise
- Mental health
- Overall health
- Nutritional health

## Examples of Chapter Projects:

- Hosting a community walk or run
- Partnering with your county extension office for educational programming
- Partnering with a community farmers market for nutrition program or activity
- Inviting a dental health professional for educational games/program
- Hosting other health and wellness activities within your chapter like weight loss competition or Zumba dance lessons
- Any other activity that meets health/wellness standard

## How to Apply

[Click Here for Application](#)

**This grant opportunity is made possible from BCBSOK through the Oklahoma FFA Foundation**

Contact: Holly Blakey | 405.532.2481 | hollyblakey@okffa.org

